

# **Trinity News**



**February/March**

## Ministers Muse - Conversations

I wonder how good you are at starting conversations, or keeping the conversation going. I think some of us prefer to listen, and others prefer to talk. Some people are good at 'small talk' whilst others prefer to be quiet unless the subject feels important or significant. The Gospels tell us that Jesus had lots of conversations. Some were with important people (in their eyes anyway). He talked with the teachers in the Temple as a 12 year old boy. He spoke with Herod and Pilate in his final hours. In between times, he had conversations with people seeking help, or wanting help for others. He talked with people who were leaders (like the centurion) and those who were on the margins like the women at the well who'd had several husbands, and those with leprosy. He had conversations with people who didn't really want to hear what he had to say, and people who suddenly realised that Jesus had something important they needed to hear. I wonder if there's a conversation Jesus had in the Gospels that sticks in your mind. Lots of Jesus' conversations involved questions. People asked him questions - and he often answered with a question. I wonder if there's a question you'd like to ask Jesus.

I've been thinking about the conversations Jesus had because the Lent course we are going to use this year at Trinity Wallsend, and at St Andrew's, explores some of the conversations Jesus had. It includes conversations Jesus had at the margins, in the shadows, in words and silence, and from the cross. Whether or not you are able to come along to St Andrew's on Tuesday evenings (starting 7.30pm 17th February) or Trinity Wallsend on Thursday lunchtimes (starting 19th February at 12 noon), I invite you to take time over the coming weeks, which includes the start of Lent, to think about the conversations Jesus had, and to ponder what conversation you'd like to have with Jesus. And maybe you could even make time for that conversation...

Lord Jesus, you had conversations with many people  
some in public and some in private.

You also want to have a conversation with us  
to hear what's on our mind  
and for us to listen to you.

Help us to make time to speak to you  
and listen to you  
as we journey through the season of Lent.

Amen.

*Rev Helen White*

## **Bible a Month : Mali**

***“Go then , to all peoples everywhere and make them my disciples: baptize them in the name of the Father, the Son, and the Holy Spirit” Matthew 28, vs 19 (GNB)***

Mali is a land locked country in West Africa. It covers an area of 478,000 sq miles (UK is 94,000), and has a population of 22 million. The country is surrounded by Algeria, Mauretania, Senegal, Guinea, Cote D’Ivoire, Burkina Faso and Niger. Languages include Bambara, some French, and many local languages. The literacy rate- people who can read and write- is 35%.

Mali has suffered a series of crises for decades including armed rebellions, military coups, ethnic conflicts, and terrorist attacks. This is why your continuing support of our Bible Society colleagues in Mali is critical.

The support of vulnerable people (see Mission Update) is just one of five projects you enable, all of which focus on strengthening the faith of Christians and outreach to others.

Many people do not read, so one project promotes other methods of communication such as Bible storytelling and traditional songs and dances. Many Christians in Mali do not own a Bible, so another programme is encouraging more than 900 families to read the Bible or go to listening points to hear the Scriptures.

The translation of the Bambara Study Bible will be a valuable resource when completed, and with your support, our colleagues in Mali plan to visit at least 100 churches every year, to find out their needs and give them support such as producing biblical texts to help in outreach work.

### **Prayer Pointers**

- Pray for improvement in the security situation of the country, especially in areas where there are terrorists. Thank God for bringing greater stability to some regions.
- Pray for the safety of the 650,000 Christians in Mali. Pray for courage and perseverance for church leaders and Bible workers.
- Ask the Lord to bless the team working hard on the translation of the Bambara Study Bible. Pray that this great task will be successfully completed and that when published it will be a huge boost to faith in the Lord in Mali.

## **Mission Update from Mali**

Your support is critical in maintaining a Christian outpost in a country that has suffered from extremism and the presence of terrorists.

The Foreign Office advises against all travel to Mali, except to the capital Bamako, due to the risk of terrorist attacks and kidnapping. And it advises that travel to Bamako should only take place if it is essential.

Despite the security issues, you are supporting five important Bible programmes in a country which is about 94% Muslim and just under 3% Christian.

We spoke with Mauril Koudoha, who coordinates Bible Society work in countries including Senegal, Sierra Leone, Niger and Mali. Mauril was about to head into Mali so we talked and prayed with him. He told us a story from the project Spiritual Support for Vulnerable People

in Mali. This project began as a trauma healing programme for single mothers, but was then expanded to widows, women with disabilities or trauma- all women in crisis.

One lady's testimony was especially vivid. She got married around 16. When she was 22 her husband died and she was so sad that she didn't want to get married again. Her family wanted her to marry, and she did so at 24. Shockingly the second husband also died, when she was 27. She was completely shattered. Everyone started saying she was a witch, and that was why her husbands died. She couldn't stay in her community and in her house, so she began wandering round the city. One day she was about to commit suicide but a voice told her, "No, don't do that. go out for a walk"

She went outside and bumped into the lady who runs Bible Society of Mali's trauma healing project. This lady invited her to the programme. She started attending and she got healed.

The programme had by then been expanded beyond Bible study and trauma healing to make it even more effective. We began teaching these women an income-generating activity, a trade, such as how to make agricultural products, or provide food. Teaching them skills helped these ladies to get back on track and make a positive impact in society. This lady is one of many who has benefited from learning a trade.

At the age of 31, another man wanted to marry her. She was a Christian by this time and was reading the Bible and going to church. The pastor told her to pray and decide if she should marry again. She's now happily married. She didn't want to forgive her family or men in general at first, but the Bible based trauma healing process eventually enabled her to forgive.

*Bible a Month prayer Letter Jan 26.*

## **Lent Group 2026**

This year's Lent groups will meet at St Andrew's 7.30-9pm on Tuesday evenings, beginning on Shrove Tuesday and at Trinity Wallsend on Thursdays 12 noon to 1.30pm. (Bring your own lunch.) Dates and themes below.

We will be using some material written by John Birch titled 'Conversations with Jesus': Five Bible Studies for Lent'.

In the introduction he writes, "Lent [...] is a journey of conversation. It invites us to listen again to the words of Jesus, not as spectators in the crowd, but as those he meets personally on the way. Through prayer, reflection, and honesty with God, we can find ourselves drawn into the same grace-filled exchanges that shaped the lives of those who met him face to face.

Tuesday 17th/Thursday 19th February	The Conversations begin
Tuesday 24th/Thursday 26th February	Conversations in the shadows
Tuesday 3rd/Thursday 5th March	Conversations at the margin
Tuesday 10th/Thursday 12th March	With words and silence
Tuesday 17th/Thursday 19th March	Words from the Cross

Please contact Rev'd Helen White beforehand if possible so she can make sure there are sufficient copies of the material available.

[helen.white@methodist.org.uk](mailto:helen.white@methodist.org.uk)

07438 330039

## A Bit of a Quiz

1. What city was wrongly depicted on the medals issued to the Great North runners in 2025?
2. Where does the food Kimchi originate from?
3. Tesla share holders have recently approved a new pay packet for Elon Musk that could be worth up to one trillion dollars over the next decade. How many zeros do you have to add to 1 to get a trillion?
4. Who composed the four Seasons?
5. In Greek mythology, who is the god of the sea?
6. Who was the second man to walk on the moon?
7. What is the currency of South Korea?
8. What do we call animals that only eat plants?
9. What country is known as the Land of the Rising Sun?
10. What does the “E” stand for in the acronym “EMAIL” ?
11. What is the term for a word which reads the same backwards as forwards?
12. How many strings does a standard violin have ?
13. In what decade was the first email sent?
14. Which country produces the most coffee in the world?
15. What is the main ingredient in the Italian dish risotto?
16. What is the largest organ of the body?
17. What metal is liquid at room temperature?
18. Who wrote the Hobbit?
19. What does the Richter scale measure?
20. What gas do humans exhale during respiration?

## Technology Abbreviations

Any techies out there? We see these abbreviations frequently. Do you know what they mean? See if you can correctly identify them!

- |          |        |         |         |             |
|----------|--------|---------|---------|-------------|
| 1. Wi-Fi | 5. GPS | 9. CPU  | 13. SSD | 17. LAN     |
| 2. USB   | 6. HS  | 10. RAM | 14. GUI | 18. HTTP    |
| 3. BIOS  | 7. OS  | 11. IP  | 15. DNS | 19. MAC     |
| 4. HDMI  | 8. AI  | 12. VPN | 16. URL | 20. PDFP.S. |

Don't forget that crucial troubleshooting abbreviation, PBKAC (Problem between keyboard and chair)

Answers are elsewhere in Trinity News. *No peeking till you've had a go!*

## A Place for All

***“Are not five sparrows sold for two pennies? Yet not one sparrow is forgotten by God. Even the hairs of your head have all been counted. So do not be afraid; you are worth much more than many sparrows!” Luke 12, vs 6-7. GNB.***

We live today as never before, in an impersonal society- a world in which increasingly we are treated as numbers rather than individuals. Instead of being people, we are a reference number on a tax form, a policy number with an insurance company, a national health number on a waiting list, a telephone number to a double-glazing firm. Answerphones, automated messages, emails, texts, the Internet- these have become the order of the day, personal contact reduced to the barest minimum. Disturbingly, many young people relate more easily to a computer or phone screen than to real life flesh and blood.

In such a world it is reassuring to know that, in God’s eyes at least, we are still real people, each one of us unique and precious to him. He values us for what we are, inviting us to share in a meaningful personal relationship with him. More than that, he calls us to recognise the value of others and, in doing so, to resist the depersonalising forces that threaten to undermine society today. Whatever you do, never forget that each person you have dealings with is not a number or an object, but precisely that- a person !

***Ask yourself:*** Do you realise how much you matter to God? Do others realise how much they matter to you? Do you make time to show how much you value them?

***Pray:*** Father God, reach out to all who are lonely, deprived of human companionship through age or infirmity, or separated from others-even when they are with them-, through fear, shyness, mistrust or prejudice. Reach out into our fragmented society in which so much of the feeling of community has been lost, where ties that once bound families together have been broken, where so many live only for themselves.

Father, give to me and to all a sense of worth and an understanding of the humanity that binds us all together, through Jesus Christ my Lord. Amen

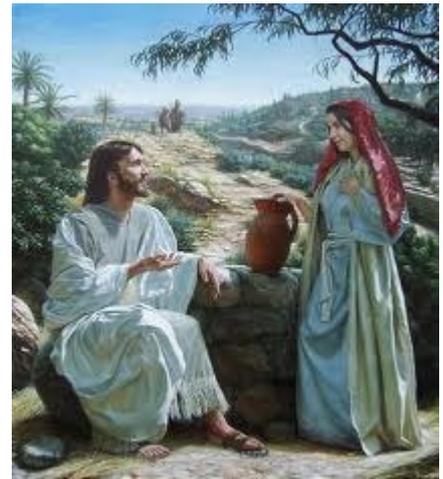
Loving God, send me out rejoicing in the knowledge that you value me, and so help me to show how much I value others, expressing my concern and appreciation through word and deed, to the glory of your name. Amen

*Adapted from a Reflection from Daily Prayer by Nick Fawcett.*

## Rethinking - a woman's place

We see other religions and cultures and often criticise the way that they treat females. And yet I can't help feeling that Christians are not altogether blameless in this area. We can quote scripture verses to back up our theories and in a way blame the Bible for our stance. We say that after the fall God said that women would be subject to the males. But thinking about it a bit more, does this not imply that *before* the fall that was *not* the case? It was never God's intention for it to be that way. God sent His Son Jesus as a way of reversing the effects of the fall so surely that would also imply that *after* Jesus (the Christian movement in other words) things should be reversed also. And yet much of the organised church today still makes a difference between the roles of men and women (although much of it is more open to change nowadays).

We look at the story of Mary and Martha and see it as a lesson in being too busy to make time to sit at the Lord's feet. If that is all we see in this story then I think we miss a very important point. At that time it was just *not* acceptable for women to sit at the feet of a teacher and listen. That prerogative was *only* for the men. A woman's place was indeed 'in the kitchen', out of sight, in a place where they could serve the men. But Jesus said that it was good that Mary was there listening to what He was saying. It was almost as though He was not just telling Martha that but also showing the disciples that His message was for everyone as equals. Jesus went out of His way to speak to the Samaritan woman, an absolute 'no-no' for any respectable Jewish man. Time and time again He showed that women were (and are) just as important as men in every aspect of life. The first message to be given about the good news of His resurrection was given to a woman to deliver to the disciples. You could say that it was a woman who preached the very first gospel message.



Men and women are indeed different in their make-up, interests and abilities. This is *not* about some women's lib hysteria but what is important is equal opportunities for those who wish to serve God in whichever way they feel God is leading them. I personally was fortunate in my younger days to belong to The Salvation Army where women are treated as equal – the founder William Booth is noted for saying 'My best men are women!' It's time for Christians to stop pointing the finger at others and realise that they are not without guilt themselves. If

Christians really lived this truth then maybe other spheres of life would be influenced and changed. And we should stop interpreting the Bible in such a way just to confirm our own sometimes blinkered viewpoints. All this rethinking drives me back to the Bible, especially the words and actions of Jesus and try to see what the message is really about. Maybe that's why He has led so many out of the organised structure of church so that we no longer have any false loyalties that hinder us from seeing deeper into the truths of scripture.

*From the blog of Mavis Andradez*

## Shrove Tuesday – 17<sup>th</sup> February 2026

The word “Shrove” comes from an old medieval word, “shriven”. This means to be forgiven your sins, the things you have done wrong. The idea is to use up rich foods like eggs, milk, and sugar before Lent's fasting and abstinence begin, which is why pancakes became associated with this day – they're a dish that can use all these ingredients.



In some French speaking countries this day is called “Mardi

Gras” - meaning “Fat Tuesday”. Not because the day is “fat” but because, during

Lent, people used not to eat any meat or dairy produce. So, on “Fat Tuesday”, they ate up everything that contained any meat or fat.

Mardi Gras is celebrated in many countries in the world and people appear on the streets in their special costumes; the steel bands play; there are many fireworks and the singing and dancing continues until midnight. The main colours of Mardi Gras are purple for the virtue of

justice, green representing the virtue of faith, and gold to illustrate the power of God. These colours have also been used to represent the gifts the Magi brought to the baby Jesus with purple representing myrrh, green for frankincense and gold for the gold. Then the carnival is over; it really is “farewell to meat” for now it is the first day of Lent, Ash Wednesday.



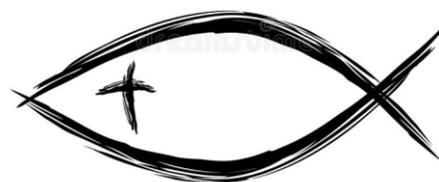
### Ash Wednesday and Lent

“Wearing sackcloth and ashes” used to mean what it says. Long ago, when you wanted to show how very sorry you were about something you’d done wrong then you went around wearing sackcloth and you covered yourself in ashes! Nobody does that now - except that, on Ash Wednesday (the first day of Lent), some

Christians have a tiny smudge of ashes put on their

foreheads as a sign of sorrow at not having been good over the last year. In churches where this happens, the priest first burns the palm crosses that have been kept from last year’s Palm Sunday and mixes the ashes with holy water to make a kind of greyish paste. Then, when people go to church on Ash Wednesday, the priest dips his thumb in the paste and uses it to make the sign of the cross on each person’s forehead.

### ASH WEDNESDAY First Day of Lent



#### *A time to think*

Lent is a serious time of the year for Christians. It is a time when they think not just about what they had done wrong in the past but how they could be better in the future. It lasts forty days - from Ash Wednesday to the Saturday just before Easter Sunday - which is sometimes called Holy Saturday. (The Sundays in Lent do not count towards the 40 days).

For Christians the forty days of Lent are a time of preparation and of thinking ahead to the excitement of Easter. They also remind Christians of the forty days Jesus spent in the wilderness.

*(Taken from the Internet) Article first printed in St Cuthbert's News.*

## Saint David and Saint Patrick

There are two Saints Days in March – here are a few things about them which you may or may not know.

### Saint David

Saint David, or Dewi Sant as he's called in the Welsh language, is the patron saint of Wales. His day is **1st March**. His influence is shown in the number of churches dedicated to him in Wales and the celebrations each Saint David's Day. St David's Day has been a national festival in Wales since the 18th century, and is still marked with gusto. Many people will wear either a daffodil or a leek, which are both symbols of Wales. The other Welsh symbol, *Y Ddraig Goch* (the Red Dragon, Wales's national flag), will be flown on many more buildings than usual.



There aren't many facts about St David. He was at the heart of the Welsh church in the 6th century and he came from an aristocratic family in West Wales. Saint David's father was a prince called Sant, son of the King of Cardigan. His mother, Non, was also a saint, and was the daughter of a local chieftain (and possibly the niece of King Arthur).

Although he had a hard life, David's holiness and personal charisma were enough to hold the community together in the service of God. The example of his life, and the modernity of his most famous saying - that we should concentrate on "doing the little things in God's presence with conscientiousness and devotion," make St David a figure with a very contemporary appeal.

### Saint Patrick

Saint Patrick is the patron saint of Ireland. St Patrick's Day is **17<sup>th</sup> March**. St Patrick is traditionally associated with the Shamrock plant, which he used to explain the concept of the Trinity. St Patrick's value doesn't really come from the historical details but from the inspiration of a man who returned to the country where he had been a child slave, in order to bring the message of Christ.



It is said that he was born in 387 AD in Scotland, in Kilpatrick, although alternative sources suggest he was born at Banwen in Wales. Although his father was a deacon, Patrick was not a believer. When he was aged 16, Patrick was captured by a gang of Irish pirates and taken as a slave to Ireland. Patrick came to believe that this was a punishment for his lack of faith. He was put to work for six years herding sheep and pigs on Slemish mountain in County Antrim. While he was a shepherd, Patrick spent much of his time praying. In an escape bid

(while he was a captive in Ireland), Patrick stowed away on a boat bound for Britain, and it landed not far from where his parents lived. Patrick then decided to follow his vocation to become a priest, and after a dream he was inspired to return to Ireland. Patrick spent several years studying before he felt ready to take up the life of a missionary.

Patrick eventually returned to Ireland, as the country's second bishop and brought the message of Christ to many people who had never heard it. Patrick believed that when "every nation" had heard the gospel, Christ would then return, and it seems he believed that he was the person to bring this message of Christianity to the land that represented this "final hurdle" of God's plan.

*From the Internet. Article first seen in St Cuthbert's News.*

## **Little Jenny Wren**

A bird on a wing, a Thrush who can sing, a Robin with a breast so red;  
A Seagull with its cry soaring high up in the sky, and a Pigeon that has just been bred.  
They're all birds of a feather, and no matter the weather,  
So beautiful, wild and free;  
Eating worms from the ground, there are those also found making nests high up in the trees.  
The Swallow that others will follow, The Blackbird, Magpie and Crow,  
Flying high in the sky above us, swooping down to the earth below.  
Two turtle doves, the meaning of love, the dawn chorus that wakes us all.  
The Yellow Bellied Finch and Blue Tit, and the Cuckoo with its mating call.  
So many species of birds all around us, the chicken and even the hen.  
But my favourite of all is the one that I call "My Little Jenny Wren"

*Joyce Conway.*

From "For the love of animals", a collection of poetry, short stories and artwork by local poets, edited by Dawn Wilkinson. *Used with permission.*

Profits from the sale of the anthology will help provide pet food bank set ups in the community; donations will also be made to local animal charities.

## Smile !!

- Never buy flowers from a monk. Only you can prevent florist friars.
- Due to the hot weather forecast along the south coast back in August, the local authorities requested that people who were out and about wear light clothing and carry at least a litre of cold water. They also said that it was okay to go for a dip in the sea in Sussex and Hampshire although they wouldn't in Dorset!
- My first girlfriend left me because I couldn't play leapfrog properly. I don't think I ever got over her.
- I entered a competition the other month and today I found out I've won a years supply of marmite. Yes,.....one jar.
- I'm curious....did the guy that started the knock knock jokes ever get the nobell peace prize?
- Me looking at a barn full of feed: "Who's all that for?" Farmer- "The cattle eat it". Me- "Wow, that's one hungry cat!"
- To all the people who said it's okay to let your pet sleep on the bed, my goldfish is now dead!
- Cowboys would put a lantern on their saddles so they could see their way home at night. It was an early version of saddle light navigation.
- There's an online group for victims of tailgating. I've been following them closely.
- I own two shirts and some neck wear that used to belong to a guy who was in the Mamas & Papas. All the sleeves are brown and the tie is grey.
- I have been banned by the local athletics club. I have won the 10 k walking race 3 years running.
- There's a display of medieval torture racks in our town tomorrow. I might pop along- just to stretch my legs.
- My ex-girlfriend was the voice of the Speaking Clock. After we parted, she wouldn't even give me the time of day.
- I used to go out with a girl called Sue Denim, until I found out that it wasn't her real name.
- When I started as a bank robber, I used to cover my face in filo pastry, chopped nuts and honey until the cashier pointed out that it was actually "balaclava"
- If Honor Blackman had married Richard Todd, would she have been lonely for the rest of her life?

- When I add up how much I've spent on contortionist lessons I could kick myself.
- Singing in the shower is fine until you get soap in your mouth. Then it's a soap opera.
- Breaking news: Man faints on luggage carousel at Newcastle Airport. He is slowly coming round.

With thanks to LIVErNEWS, the Live Patient Support Newsletter.

## Quotes of Winston Churchill

Churchill, the British Statesman, military leader and writer who was Prime Minister from 1940 to 1945 and again from 1951 to 1955, was famous for his many thoughts on all aspects to life. Despite the fact that he died over 60 years ago, in 1965, many are applicable to the modern world. Here are just a few examples.

On Politics. “Democracy is the worst form of government – except for all the others that have been tried.”

Politics is the ability to foretell what is going to happen tomorrow, next month and next year, and to have the ability afterwards to explain why it didn't happen.”

“There is no such thing as a good tax”

On himself. “I am always ready to learn although I do not always like being taught!”

“I am fond of pigs. Dogs look up to us. Cats look down on us. Pigs treat us as equals”

On critics. “ A lie gets halfway around the world before the truth has a chance to get its pants on”

“History will be kind to me, for I intend to write it”

On Life. “Laughter can lighten even the heaviest burden”

“A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty”

“If you are going through hell- keep going”

“We make a living by what we get, but we make a life by what we give.”

His last words: “I'm bored with it all”. After such a life, what a finale!

## Points to Ponder

- Be kind to yourself and to others. Smile at a stranger, say “Thank you” a little louder and remember that even small acts can make someone’s whole day brighter.
- A persons most useful asset is not a head full of knowledge, but a heart full of love, an ear ready to listen and a hand willing to help others.
- Sometimes you don’t need to hear their excuses or what they have to say for themselves because their actions already spoke the truth. *Inspiration Cabin.*
- Your desire to change must be greater than your desire to stay the same. *Inspiration Cabin*
- No matter how you feel. Get up. Dress up. Show up. Never give up.
- Be compassionate. The world is difficult enough for people, and you can make it a little easier with kindness.
- Lonely is not being alone- it’s the feeling that no one cares.
- You can’t change the past, but you can ruin the present by living in the past and worrying about the future.
- If you see someone without a smile, give them one of yours.
- Try to be a rainbow in someone else’s cloud.
- You will never “find” time for anything. If you want time, you must make it.
- God will meet you where you are in order to take you where He wants you to go. *Tony Evans*
- Worry does not empty tomorrow of its sorrows. It empties today of its strength. *Corrie Ten Boom*
- Look forward with hope, not backwards with regret.
- Never be afraid to trust an unknown future to a known God. *Corrie Ten Boom*
- The key is this: meet todays problems with todays strength. Don’t start tackling tomorrows problems until tomorrow. You do not have tomorrows strength yet. You simply have enough for today.
- Keep standing. Keep hoping: Keep believing. I’m coming- God.

## Something to think about

- My ducks are certainly not in a row. I don't even know where some of them are. And, I'm sure one of them is a pigeon.
- If a bottle of poison reaches its expiration date, is it more poisonous or is it no longer poisonous?
- Which letter is silent in the word "scent", the letter S or the C ?
- Why is there a "D" in fridge but not in refrigerator?
- Common sense is like deodorant. The people who need it the most never use it.
- It's not my age that bothers me- it's the side effects.
- As I watch this generation try and rewrite our history, I'm sure of one thing: it will be misspelled and have no punctuation.
- As I've got older, people think I've become lazy. The truth is, I'm just being more energy-efficient.
- I'm on two simultaneous diets. I wasn't getting enough food on one.
- Hard to believe I once had a phone attached to a wall, and when it rang, I picked it up without knowing who was calling.

### A bit of a quiz Answers

- |   |                                 |                          |
|---|---------------------------------|--------------------------|
| 1. Sunderland   | 7. Won                          | 14. Brazil               |
| 2. South Korea  | 8. Herbivores                   | 15. Rice                 |
| 3. Twelve.<br>i.e. 1,000,000,000,000<br><i>now that's a lot of noughts!</i> | 9. Japan                        | 16. Skin                 |
| 4. Antonio Vivaldi  | 10. Electronic                  | 17. Mercury              |
| 5. Poseidon   | 11. Palindrome                  | 18. Tolkien              |
| 6. Buzz Aldrin  | 12. Four                        | 19. Earthquake magnitude |
|   | 13. 1970's. It was sent in 1971 | 20. Carbon Dioxide.      |

### Technology Abbreviations Answers:

1. Wireless Fidelity
2. Universal Serial bus
3. Basic Input/Output System.
4. High-Definition Multimedia Interface.
5. Global Positioning system.
6. Hot Spot
7. Operating System
8. Artificial Intelligence
9. Central Processing Unit.
10. Random Access Memory
11. Internet Protocol
12. Virtual Private Network.
13. Solid State Drive
14. Graphical User Interface.
15. Domain Name System
16. Uniform resource Locator
17. Local Area Network
18. Hyper Text Transfer Protocol
19. Media Access Control
20. Portable Document format.

If you know more than 5- very well done. If you knew all 20- you are a genius!!! (or a nerd!!!)

## Sunday Rotas (Door and Church Stewards not available yet)

Sunday	Preachers
1 <sup>st</sup> Feb	Rev Alison Wilkinson
8 <sup>th</sup>	Rev Helen White. Communion Service.
15 <sup>th</sup>	Rev Susan Richardson
22 <sup>nd</sup>	Deacon Bill Topping
1 <sup>st</sup> Mar	Canon Peter Dodd
8 <sup>th</sup>	Rev Helen White. Communion Service.
15 <sup>th</sup>	Rev Alison Wilkinson
22 <sup>nd</sup>	Mr Tim Rogers
29 <sup>th</sup>	Mr Keith Jones

Sunday	Flower Rota	Flowers Donated To
1 <sup>st</sup> Feb	No donor at time of printing	During the past months our church flowers have brought their beauty and our prayers to Bill & Shirley Filmer, Maureen Mills, Keith Jones, Helen White, Dorothy Barker, Margaret Storey, Betty Craigen & Lorna Morgan.
8 <sup>th</sup>	Shirley	
15 <sup>th</sup>	No donor at time of printing	
22 <sup>nd</sup>	No donor at time of printing	
1 <sup>st</sup> Mar	Maureen Mills	
8 <sup>th</sup>	No donor at time of printing	
15 <sup>th</sup>	No donor at time of printing	
22 <sup>nd</sup>	Susan Bewley	
29 <sup>th</sup>	Shirley	

# What's On at Trinity (February/March 2026)

## Regular Events

Day	Event	Contact	What Age
Sunday	10.45 Worship Service in church	alan@trinitymethodist.church	All Ages
	11 a.m. Forward in Faith Worship in the hall.	tchawana82@gmail.com	All Ages
Monday	1p.m. Trinity Tea Dance	alan@trinitymethodist.church In the hall	Any but mostly 50+
Tuesday	12 noon. Hand in Hand	wallsend@handinhandproject.org.uk In the hall, kitchen and lounge	65 +
	5.15 – 8.30 Girls Brigade In the hall	pam_9@outlook.com N:vestigate - Reception to Year 2 and N:gage - Year 3 to Year 5 @ 5.15 - 6.45 N:counta - Year 6 to Year 8 and N:spire Year 9 + @ 7 - 8.30	Reception to Year 9 5 to 14 years
Wednesday	Bloom Baby Classes	emmaw@bloombabyclasses.com <a href="https://www.bloombabyclasses.com/bloomnorthtyneside">https://www.bloombabyclasses.com/bloomnorthtyneside</a> In the hall	New-born to Walking (15 months approx.)
	5 - 9 p.m. Squirrels, Beavers, Cubs and Scouts.	Gemma.milbanke@northumberlandscouts.org.uk In the hall	4-14
Thursday	Fellowship Group 12 to 2 p.m. 3 <sup>rd</sup> Thursday each month	Usually in the lounge.	Any Age
Friday	1.30 p.m. Line Dancing	stephencmp@aol.com In the hall – Doors open at 1.15 pm	Any but mostly 50+
	6.30 Trinity Youth Club	alan@trinitymethodist.church In the hall and lounge	8 to 10s
Saturday	Blue Door Drop In 10 to 12 noon	alan@trinitymethodist.church In the lounge. This is a Warm Space with sandwiches etc provided free by the Local Council when available.	All Ages